The 1000 Islands Poker Run coined "Paddle for Betterment" is hosted by the Alexandria Bay Chapter of *The Foundation for Community Betterment*

The Foundation for Community Betterment is a local and national network of generous individuals who believe a simple gesture that touches just one life can positively impact an entire community! As our logo symbolizes, it is our hope that our simple actions can create a ***"Ripple Effect"*** of kindness in our community, through the actions of the recipients we support.

"I alone cannot change the world, but I can cast a stone across the waters to create many ripples." – MOTHER TERESA

communitybetterment
a social network with a social conscience

By PADDLING FOR BETTERMENT, you help raise awareness and funds to directly support and enhance our special river community in the 1000 Islands. Proceeds support worthy community development projects, area organizations in need and individuals in Alexandria Bay who need a helping hand.

REGISTRATION FORM:

PLEASE PRINT – *One Per Paddler*
Waiver Form Must Be Signed at Check In

Name:_____

Address: _____

_____

City:_____**State:**_____

Zip:_____

Phone:_____

Birth Date:_____**Age:**_____

E-mail:_____

Sex: Male / Female *(circle one)*
T-Shirt Size (Unisex Size): _____
_____ **FREE w/ pre-registration**
_____ **$15 after cut-off date below**

Registration Amount *(Check One)*
ADULT REGISTRATION (18+)
_____ $45 Pre-registration by June 19th
_____ $50 Registration AFTER June 19th

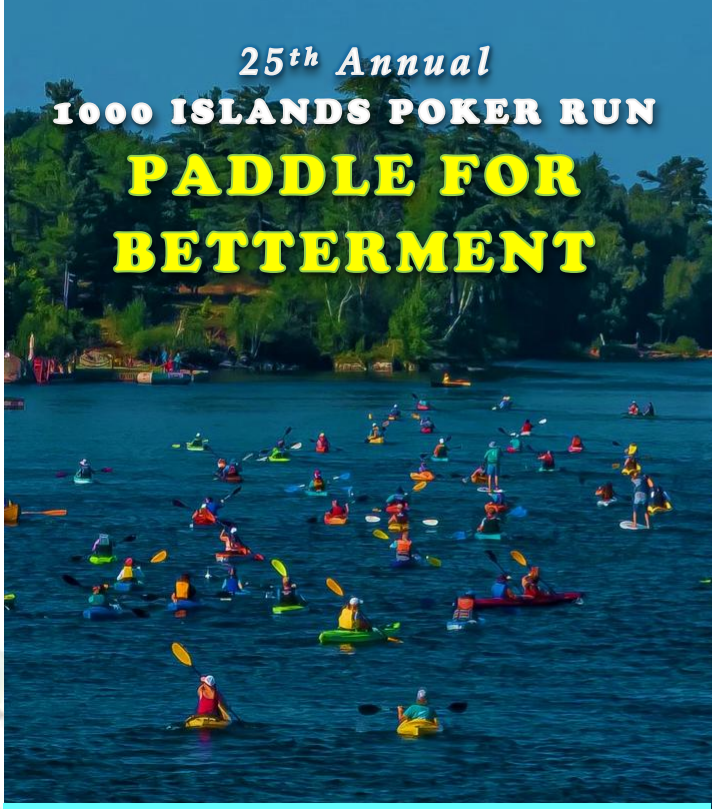
YOUTH REGISTRATION (17 *& under*):
_____ $20 Pre-registration by June 19th
_____ $25 Registration AFTER June 19th

COURSE SELECTION ***New!***
_____ **"River Runner" – Full Route**
3.5 +/- Mile Course
_____ **"Leisure Loop" – Shortcut Route**
Skip Stop #3 – most challenging stretch

HOW DID YOU HEAR ABOUT US?

LIKE & SHARE

FIND US ON FACEBOOK:
@CommunityBettermentAlexandriaBay
AlexBay@communitybetterment.org



July 11, 2026
8:00 AM – NOON

Alexandria Bay Village Beach – Rain or Shine!
"The Heart of the 1000 Islands"

www.CommunityBetterment.org/AlexandriaBay

Register Now »

Alexandria Bay

1000 Islands, NY

A Paddler's Paradise…

Paddle through paradise this summer! Amidst the gentle waters of the St. Lawrence River there is a place like no other: *Alexandria Bay, New York*. Of the 1,864 islands that dot the St. Lawrence seaway and comprise the spectacular 1000 Island Region, many of the most amazing islands can be found in, and surrounding, Alexandria Bay. Our calm and sparkling waters will guide you through a place of scenic beauty—offering you an unforgettable way to experience the St. Lawrence River. By entering this extraordinary event, you and your loved ones are guaranteed ***to "Have Fun, Give Back and Make Memories in the Heart of the 1000 Islands!"*** Become part of our special "River Tradition" summer after summer!

Paddle For Betterment!

Do you share a love for adventure in the great outdoors, a spirit for giving back to the community, a desire to form and nurture great friendships and a passion for living the best life possible on the St. Lawrence River? We do too! That's why you're invited to experience the "Beauty of Betterment" in *the Heart of 1000 Islands!* You, your friends, and family can join others from near and far in "Paddler's Paradise" for a short and sweet morning of fun—all for the purpose of creating a "*Ripple Effect*" called *Community Betterment*. Together we can positively impact, help, promote and improve our community through the fun sports of kayaking, canoeing and stand-up paddle boarding. All proceeds directly benefit community organizations, projects, and individuals in need.

Pre-Register Online!

Pre-Registration: $45 Adults // $20 Youth

Pre-Register by June 19th and Save!!!

Pre-registered paddlers SAVE $5 AND get a FREE t-shirt ($15 Value). Entry fees are non-refundable. Registrations after June cutoff *and on event day* are still available for $5 more plus t-shirt cost. **ALL paddlers receive a FREE gift, door prize ticket, water, energy bar + breakfast.** If needed, kayak rentals are available from local providers - see recommendations online at: *www.CommunityBetterment.org/AlexandriaBay*

Cool GRAND PRIZES awarded for Top 3 Poker Hands in Adult + Youth Divisions!

Course Description:

Enjoy the sparkling waters and beautiful scenery (including Boldt Castle and Freighters!) in Alexandria Bay on this relaxed and picturesque route! Our course is perfect for beginners and experienced paddlers alike. Your short 3 ½ +/- mile journey begins at the Village Beach and continues to check-points along the 1000 Islands shoreline before returning to land for card turn-in!

Event Schedule:

8:00 AM—Noon

Enjoy Fun, Food & Door Prizes at Scenic View Park Pavilion:

8 AM: Check-In // Day-of Registration
9 AM: Poker Run Starts!
11 AM—Noon: Awards/Recipient Ceremony

Register Now!

GO TO — CommunityBetterment.org/AlexandriaBay

Or Fill Out Back Form & Mail to Us:

Please make checks payable to:
The Foundation For Community Betterment
Memo Line: Alexandria Bay Chapter
PO Box 681, Alexandria Bay, NY 13607