

## 2023 Chapter Board Members

Carol Babcock  
Cindy Demo  
Kathy Folino  
Bud & Ann Garlock  
Jennifer Garlock  
Trevor & Erica Garlock  
Andrew & Logan Garlock  
Heather McKinnon-Heath  
Estee Kahrs

Karen Van Epps Peters  
Morgan Ramm  
Millie Savarese  
Jeanne Snow  
Jamie Drinkwater Stockton  
Lori Turgeon  
Connie Wagoner  
Patty Seltzer Wagoner  
Mary Lou Williams

## — Special Thanks —

Alexandria Bay Fire Department  
Alex Bay Big M Supermarket  
Bay Spirits  
Bonnie Castle Resort & Marina  
Daryl Cooke, Foundation Manager  
Reformed Church of 1000 Isles  
U.S. Coast Guard Auxiliary  
Village of Alexandria Bay

## Sponsors, Donors & Prize Contributors

### GOLF 🏌️

#### \*\*\*HOLE IN ONE SPONSORS\*\*\*

Charles Garlock & Sons  
Uncle Sam Boat Tours  
FX Caprara - Alex Bay

#### \*\*\*FOOD SPONSOR\*\*

Alex Bay Big M Supermarket

#### HOLE SPONSORS:

1000 Stiles Salon  
Alex Bay Ladies Golf League  
Alex Bay Big M Supermarket  
Arne's Custom Printing  
Back Bay Marine  
Bay Spirits  
Bedard Brothers Firewood  
Bernie Slate  
Bob Williams Valero  
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Cerow Agency  
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Gouverneur Savings & Loan  
Griff's Propane, Inc.  
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JK'S Roadhouse  
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Mac's Boat Rentals  
Mirabito  
North Country Grave Grooming  
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Ripley, Garlock & Associates  
River Golf Adventures  
St. Lawrence River Rats Pickleball  
Sundance Leisure  
Swan Bay Bird Bath  
Swan Bay Resort & Marina

#### HOLE SPONSORS (Continued)

Terry Millett Plumbing  
The UPS Store  
The Whole Scoop  
Thomas Motor Co.  
Thousand Islands Appraisals  
T.I. Landscaping, Co.  
Thousand Islands Sun  
Twin Village Recycling, Inc.  
Vintage Doors  
Volunteers (Thank You)

#### GOLF PRIZE DONORS:

5 & 10 Variety Store  
Clayton Country Club  
Clipper Inn  
C-Way Golf Course  
Highland Meadows Golf Course  
Langbrook Meadows Golf Course  
River Golf Adventures  
Thousand Islands Bait Store  
Thousand Islands Golf Course  
Uncle Sam Boat Tours

#### TENNIS 🎾

Austin Family  
Averell Manes  
Carolyn & Jeff Weldon  
Curt Gardali  
Diane Luicana  
Joyce & David Peach  
Kinney Drugs  
Kira & Tad Clark  
Leana Marcezin  
Peggy Benton-Brouty  
Scott Sanford  
Sue Thompson  
Stockton Communications  
(Jamie & Dick Stockton)  
Trudi Hamm  
Twin Valley Recycling, Inc.  
Viking Fitness (Danielle Jones)

#### Special Thanks To:

Daryl Cooke  
Tad Clark + Terry Satterley

#### PADDLE 🚣

#### \*\*T-SHIRT SPONSOR\*\*

Cherry Island Weddings

#### \*\*Admiral Sponsors\*\*

Bonnie Castle Resort & Marina  
Horizon Marina  
Twin Village Recycling, Inc.

#### \*\*Captain Sponsors\*\*

Community Bank  
J.L. Hollinger & Sons, Inc.  
Swan Bay Resort & Marina  
Vintage Doors

#### \*\*Mate Sponsors\*\*

Infinity Electric Services, Inc.  
James Tague, DMD  
River Golf Adventures

#### PADDLE PRIZE DONORS:

Antique Boat Museum  
Back Bay Marine  
Bay Drive-In Theatre  
Boldt Castle (TI Bridge)  
Buoys Boutique  
Charles Garlock & Sons  
Freighters of Clayton  
Jreck Subs—Alex Bay  
Kahrs Construction  
Marion Ward  
River Golf Adventures  
River Living  
Trevor & Erica Garlock  
**\*\*Photography Services\*\***  
Johnny Truesdell—River Artist  
Marta's Photo Shop  
Snapshots Photo Booth

#### DONORS 🤝

Dorothy Holmes  
Dr. Robert Tague  
James Donegan  
LPL Financial  
Rev. Douglas Comstock  
Russell Henry  
Sharon & Fred Slate

#### TEAM FUNDRAISERS 🏆

Ripley, Garlock & Associates



# communitybetterment

*a social network with a social conscience*



Alexandria Bay's Chapter of THE FOUNDATION FOR COMMUNITY BETTERMENT is a network of generous individuals who believe a simple gesture that touches just one life can positively impact an entire community. As our logo symbolizes, our hope is that our simple actions create a "RIPPLE EFFECT" of kindness through the actions of the recipients we support. Thank you for joining us!

## 2023 EVENT PROGRAM

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### TENNIS, GOLF & WELCOME PARTY

Friday, July 21<sup>st</sup>

*Municipal Tennis & Golf Courts | Bonnie Castle Resort*

### PADDLE & RECIPIENT CEREMONY

Saturday, July 22<sup>nd</sup>

*Village Beach | Scenic View Park Pavilion*

# — Thank You —

On behalf of our local Alexandria Bay Chapter of the Foundation for Community Betterment: **"THANK YOU" for sharing your time with us** at our 22<sup>nd</sup> Annual "Paddle for Betterment," our 14<sup>th</sup> Annual "Golf for Betterment," and our 8<sup>th</sup> Annual "Tennis for Betterment" events!

We are incredibly grateful to our **organizing team, event day volunteers and the National Foundation for Community Betterment** organization—your support and dedication is truly inspiring. You are simply THE BEST group of people we could ever hope to be surrounded by.

To our **new and returning participants**—WELCOME! Traveling and taking time to be a part of this special weekend of events speaks volumes. We are tremendously grateful for your energy, support and participation in "Community Betterment."

To our **generous sponsors, donors and prize contributors**—you make our community so proud! Thank you for your partnership in making our paddle, golf, and tennis events successful, fun and enjoyable for all involved.

To our **network of supporters, including amazing friends and family**: "Thank you" for believing in and supporting our work.

**We appreciate everyone's participation** in our fun-filled, memorable and heartwarming weekend of events. Let us continue to promote a healthy, vibrant and supportive community while touching the lives of individuals, organizations, and visions that matter most.

We cannot wait until next year – **HELP US SET NEW RECORDS FOR RECIPIENT GIFTING AND TURNOUT!** Stay connected & sign up for our email list: [www.CommunityBetterment.org/AlexandriaBay](http://www.CommunityBetterment.org/AlexandriaBay)

**HAVE FUN – GIVE BACK – MAKE MEMORIES!**  
#RippleEffect #AlexandriaBay #1000Islands

**SAVE THE DATE**

**Mark your Calendars for 2024!**  
Community Betterment Weekend  
Friday & Saturday | July 26<sup>th</sup> & 27<sup>th</sup>

I alone cannot change the world,  
but I can cast a stone across the  
water to create many ripples.

Mother Theresa – 1910-1997, Saint



# — Recipients —



**SINCE 2001**

**Alexandria Bay's Chapter of The Foundation for Community Betterment has helped over 100 local families & non-profit organizations. This past year alone Betterment has gifted \$22,620.64 in local support. As our logo symbolizes, we're committed to bettering our community, one drop of generosity at a time.**

**Thank You for supporting our most recent recipients:**

- 1) **Hearts for Youth** — Story Time, Free Play & Beach Program | \$600 in Support Needs
- 2) **Community Betterment Scholarship** — \$1,000 Award(s) | Cassandra VanBrocklin & Kayla Felder
- 3) **Anonymous Recipient** — Injured EMS Responder | Paid Back Rent in Partnership w/ Thrift Store & the Reformed Church of the 1000 Isles
- 4) **Larry & Molly Briere** — Both Became Ill at Separate Times | Help with Heating Costs
- 5) **Plessis Fire Department** — Renovations & Asbestos Removal | \$8,000 in Support
- 6) **Carol Tousant** — Double Knee Surgery | Helped with Wheelchair Ramp
- 7) **Alexandria Bay Central School** — Children in Need | 30 EarPods, 20 Backpacks + Snow Pants
- 8) **A.C.S. Student** — High School Senior in Need | Provided Tuition for 1 College Course
- 9) **Kimberly McClora** — Battling Cancer | Provided Food & Gas Cards + 6 Months Car Payment
- 10) **United Methodist Church** — Blessing Box | \$2,400 in Support for Families in Need
- 11) **River Hospital PTSS Art Therapy Program** — Tools & Supplies | \$2,000 to Expand Services
- 12) **Chapter Endowment Fund (10% Pledge)** — 10% of this year's funds will go towards building our Endowment Fund established through the NNY Community Foundation. Once we hit our fundraising goal, we can withdraw 4% per year to be used towards recipients and our mission in the 1000 Islands. Estate planning pledges are also being made to build our endowment. If you're interested in incorporating gifts into your long-term financial plans, please contact Trevor Garlock: 315-486-4900
- 13) **Ron McLennan Immediate Need Fund** — Excess funds go here for year-round help!

## — The Ripple Effect —

**"The Carolyn Fund"** — Gives youth access to small grants or matching funds for people/organizations in need locally and across the country.

**Betterment's "Lemonade Stand"** — **It's back!!** Multiple families helped sell sweet lemonade & "The Lemonade Ripple" Book at the Big M, Garlock's Hardware, and this weekend at our Paddle! **THANK YOU!**

**"Paint For Betterment" Event** — Donna Hammond will host a paddle painting class to "give back" after we helped her & her husband, John (a 2022 recipient who had back surgery & severe infection). **Only 25 spots available!** Friday, August 18<sup>th</sup> at 1 PM at Village Municipal Complex. **Sign-up:** [www.CommunityBetterment.org/AlexandriaBay](http://www.CommunityBetterment.org/AlexandriaBay)



**Welcome Back!**

