

- Special Thanks -

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Kathy Folino
Bud & Ann Garlock
Jennifer Garlock
Trevor & Erica Garlock
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Mary Lou Williams

Special Thanks To:

Daryl Cooke, Foundation Manager
Alexandria Bay Fire Department
U.S. Coast Guard Auxiliary
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Sponsors, Donors & Prize Contributors

GOLF

***HOLE IN ONE SPONSOR! ***

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Buoy's Boutique
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UPS Store

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Special Thanks To:
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PADDLE

Alex Bay 500 Go-Karts
Bay Drive-In Theatre
Boldt Castle
Buoy's Boutique
Cavallario's Steakhouse
Garlock Lumber & Hardware
Good Dog Charlies
Griffin's Bayside Grill
Kahrs Construction
Nav's Popcorn
Reformed Church of 1000 Isles
Ripley, Garlock & Associates
River Rays Gift Shop
Tower Family
Uncle Sam Boat Tours
Vintage Doors
Walton Street Market

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MAC'S Boat Rentals
Richard K. Champney, P.C.
The Ship Gift Shop
The Whole Scoop
Uncle Sam Boat Tours
Vintage Doors



communitybetterment

a social network with a social conscience

Alexandria Bay's Chapter of The Foundation for Community Betterment is a network of generous individuals who believe a simple gesture that touches just one life can positively impact an entire community. As our logo symbolizes, our hope is that our simple actions can create a "Ripple Effect" of goodness through the actions of the recipients we support.

2022 Event Program



WEBSITE:
FACEBOOK:
CONTACT:
MAIL CHECKS:

www.CommunityBetterment.org/AlexandriaBay
[@CommunityBettermentAlexandriaBay](https://www.facebook.com/CommunityBettermentAlexandriaBay)
(315) 486-4900 | info@communitybetterment.org
The Foundation for Community Betterment
PO Box 681, Alexandria Bay, NY 13607



— Thank You —

On behalf of our local Alexandria Bay Chapter of the Foundation for Community Betterment: **"THANK YOU"** for sharing your time with us at our 21st Annual "Paddle for Betterment," our 13th Annual "Golf for Betterment," and our 7th Annual "Tennis for Betterment" events!

We are incredibly grateful to our **organizing team, event day volunteers and the National Foundation for Community Betterment** organization—your support and dedication is truly inspiring. You are simply THE BEST group of people we could ever hope to be surrounded by.

To our **new and returning participants**—WELCOME BACK! Traveling and taking time be a part of this special weekend of events speaks volumes. We are tremendously grateful for your energy, support and participation in "Community Betterment."

To our **generous sponsors, donors and prize contributors**—you make our community so proud! Thank you for your partnership in making our paddle, golf, and tennis events successful, fun and enjoyable for all involved.

To our **network of supporters, including amazing friends and family**: "Thank you" for believing in and supporting our work.

We appreciate everyone's participation in our fun-filled, memorable and heartwarming weekend of events. Let us continue to promote a healthy, vibrant, and supportive community, all while touching the lives of individuals, organizations and visions that matter most.

We can't WAIT to see you next year – **HELP US SET NEW RECORDS FOR TURNOUT!** Be sure to stay connected with us & sign up for our email list by visiting: www.CommunityBetterment.org/AlexandriaBay

HAVE FUN – GIVE BACK – MAKE MEMORIES!
#RippleEffect #AlexandriaBay #1000Islands

SAVE THE DATE

Mark your Calendars for 2023!
Community Betterment Weekend
Friday & Saturday | July 21st & 22nd

I alone cannot change the world,
but I can cast a stone across the
water to create many ripples.

Mother Theresa – 1910-1997, Saint



Welcome Back!

— Recipients —

Experience the *"Ripple Effect"* firsthand at our **"RECIPIENT CEREMONY"**
Saturday at 11 AM @ Scenic View Park Pavilion



Since 2000, Alexandria Bay's Chapter of *The Foundation for Community Betterment* has donated over **\$250,000** to our beloved community! We have helped over **90** local families and non-profit organizations through your support—if that doesn't put a smile on your face, we don't know what will!

Thank You for supporting our most recent recipients:

- 1) Emilee White (\$500)** — 1st Annual Award Winner | Community Betterment Scholarship
- 2) Dee Fram (\$2,000)** — Lung Transplant | Housing at Cleveland Clinic's Transplant House
- 3) Madge Coiro (\$1,512.81)** — Passed Away Recently | Helped w/Plumbing & Electrical Needs
- 4) Brewster Willix (\$769.76)** — Passed Away from Cancer | Paid for Food at Fundraising Dinner to help family with burial Costs
- 5) Anonymous Recipient (\$600)** — Quadruple Bypass Surgery | Provided Food + Gas Cards
- 6) Anonymous Recipient (\$800)** — Back Surgery Recovery | 2 Sets of Ramps + Railings
- 7) Sally Tousant (\$545.71)** — 80 Year's Old with Limited Income | Paid Heating Bill
- 8) Byron & Nancy Wagoner Family (\$1,600)** — Health Issues & Son has Cancer | 2 Months' Rent + Grocery Gift Cards
- 9) Reformed Church of the 1000 Isles (\$2,000)** — Weekly Community Meal Program Provides **150+** spaghetti dinners to those in need | Betterment Sponsored 1 Full Month!
- 10) Chapter Endowment Fund (10% Pledge)** —10% of this year's funds will go towards building our Endowment Fund established through the NNY Community Foundation. Once we hit our fundraising goal, we can withdraw 4% per year to be used towards recipients and our mission in the 1000 Islands. Estate planning pledges are also being made to build our endowment and impact. If you're interested in incorporating gifts into your long-term financial plans, please contact Trevor Garlock: 315-486-4900
- 11) Ron McLennan Immediate Need Fund** — Excess Funds go here for year-round help!



— Reminder —

"The Carolyn Fund" — Established by our "National" Board; gives kids/youth access to small grants or matching funds for people/organizations in need locally and across the country. **Spread the word!**

To learn more: www.CommunityBetterment.org/carolyn-fund